

# FAMILY PACKAGE

## Summer 2019 - Val di Fassa



Monday:

### **MTB TEST DAY FOR CHILDREN AND YOUNGSTERS - children only**

Test day at the Skillpark in Canazei. Have fun with our instructors experiencing jumps, boardwalks and parabolics! Children and youngsters can decide to take part to the weekly MTB courses.

Meeting point: 9.30 am Sport Check Point Canazei. Return: about 12.30 pm

Price: 20€, 18€ for Val di Fassa card owners. Summer Family Price: 10€

Note: Children must be able to ride a bike without training wheels. Children who want to learn riding without training wheels can take specific private lessons.

Difficulty Level: EASY - MIN. AGE 6 YEARS

meanwhile the parents...

### **MTB TEST TOUR ADULTS - adults only**

Easy/intermediate MTB excursion along forest roads and single tracks with MTB instructors, who will evaluate your skills and suggest you the most appropriated excursion to do during the week.

Elevation gain: about 400m to pedal.

Meeting point: 9.30 am Sport Check Point Canazei. Return: about 12.30 pm

Price: 20€, 18€ for Val di Fassa card owners. Summer Family Price: 10€

Note: Please come to the meeting point with your own or rented bike (hire service available on request). Helmet compulsory.

Difficulty Level: EASY/INTERMEDIATE - ADULTS

### **THE FAIRIES' WOOD - whole family**

Excursion to discover the undergrowth and its philosophy of well-being to discover the sensations that nature can offer.

Meeting point: 9.00 am Sport Check Point Moena. Duration: about 3 hours.

Standard prices: 17€ adults, 8€ children (8 - 12 years). 15€ adults, 6€ children (8 - 12 years) with Val di Fassa card.

Summer Family price: 8€ adults, FREE children up to 12 years.

Notes: no stroller, only a child's backpack.

Difficulty level: EASY - MIN. AGE 8 YEARS (Details to be confirmed).

Tuesday:

### **AFTERNOON AT THE FARM - the whole family**

An activity for both adults and children to experience the life of farmers.

We will learn how to make forest fruit jam and we will taste the organic products of the Agritur Soreie.

While we wait for the jam to be cooked, we will visit the farm and learn how to recognize the vegetables playing in the garden. At the end we will return to put the jam in the jars and we will be able to bring home some of this genuine sweetness.

Meeting point: 2.30 pm at Agritur Soreie. Duration: about 2.30 hours. Notes: wear comfortable gym shoes or trekking shoes.

Standard price: 20€ adults and 10€ children up to 12 years. 18€ adults and 9€ children with Val di Fassa Card.

Summer Family price: 10€ adults and 5€ children. For each adult you can bring home a jar of jam.

Difficulty level: EASY - ALL. Activities with a limited number, maximum 15 participants.

### **INTRODUCTION TO CLIMBING FOR CHILDREN and YOUNGSTERS (7 - 14 YEARS)** in Pozza and Canazei.

This activity is for FREE, it is offered by the Val di Fassa Tourist Board and reserved to Val di Fassa Card holders.

### **INTRODUCTION TO CLIMBING FOR ADULTS** in Pozza and Canazei.

This activity is for FREE, it is offered by the Val di Fassa Tourist Board and reserved to Val di Fassa Card holders.

### **APPROACH TO THE MTB FOR CHILDREN** - in MOENA - children only

This activity is for FREE, it is offered by the Val di Fassa Tourist Board and reserved to Val di Fassa Card holders.



Wednesday:

#### **WITH HEADLAMPS IN THE TRENCHES OF PADON - whole family**

We will explore the First World War Trenches in the area of Padon equipped with headlamps. In the afternoon we will visit the feet of Marmolada glacier, always accompanied by the Mountain Guides.

Meeting point: 9.00 am Sport Check Point Canazei or 9.30 am departure of Padon chairlift at Fedaia Pass (Capanna Bill).

Expected return: about 3.30 pm. Altitude gain and loss: about 180m.

Price: 30€ adults, 15€ children (8 - 12 years old). 27€ adults, 12€ children with Val di Fassa Card.

Summer Outdoor Price: 15€ adults, children for FREE (up to 12 years old).

Notes: Lift ticket included in the PanoramaPass or to be paid extra.

Difficulty Level: EASY/INTERMEDIATE - MIN. AGE 8 YEARS

#### **FRIEND TREE: THE WOOD CHAIN - the whole family**

Walk in the surroundings of Moena to discover the forest with a visit to the sawmill.

Meeting point: 3.00 pm Sport Check Point Moena. Duration: about 3 hours. Note: strollers allowed.

Price: 17€ adults, 8€ children (3 - 12 years). 15€ adults, 6€ children (3 - 12 years) with Val di Fassa card.

Summer Family price: 8€ adults, FREE children up to 12 years.

Difficulty level: EASY - EVERYBODY

Thursday:

#### **LET'S BUILD OUR LITTLE SHELTER IN THE WOODS - children only**

Activity for children to learn how to build a little hut in the woods, discovering and developing manual skills in contact with nature.

After a short walk starting from Pozza, we will stop in a small corner of woods next to the adventure park where we will learn how to build a small wooden hut that will be our shelter for lunch. Activity in collaboration with Rasom Wood Technology

Meeting point: 10.00 a.m. Sport Check Point Pozza. Expected return: about 2.30 p.m.

Meanwhile parents will have the opportunity to relax at the nearby new **QC Terme Dolomiti**.

Price: 17€ children. 15€ for Val di Fassa Card owners. Summer Family Price: 7€ children.

Note: This activity is reserved to children from 7 to 14 years old, bring your own packet lunch.

Discount for QC Terme entry included.

Difficulty Level: EASY - MIN. AGE 7 YEARS

#### **CRYSTAL MOUNTAINS - the whole family**

By cable car to Col Margherita to admire a breathtaking 360° view on our mountains, listening to the history and geology of the "Crystal Mountains".

Meeting point: 10.00 am by the little church at San Pellegrino Pass. Duration: about 3 hours.

Price: 17€ adults, 8€ children (3 - 12 years). 15€ adults, 6€ children (3 - 12 years) with Val di Fassa card.

Summer Family price: 8€ adults, FREE children up to 12 years.

Difficulty level: EASY - EVERYBODY

Friday:

#### **THE CITY OF MARMOTS - the whole family**

Ascend with Costabella chairlift starting from San Pellegrino Pass and easy walk through the pastures to see the marmots peeping out of their burrows, we'll be able to hear their whistles.

Meeting point: 2.30 pm departure station of Costabella chairlift at San Pellegrino Pass. Duration: about 3 hours.

Price: 17€ adults, 8€ children (3 - 12 years). 15€ adults, 6€ children (3 - 12 years) with Val di Fassa card.

Summer Family price: 8€ adults, FREE children up to 12 years.

Note: Lift ticket included in the PanoramaPass or to be paid extra. Only trekking strollers.

Difficulty level: EASY - EVERYBODY

Saturday:

#### **EXCURSION "THE GREAT WAR" AT FANCH OR AT SOMEDA - the whole family**

Visit to the Great War front line and trenches in the area of Fanch/Fango at San Pellegrino Pass.

Meeting point: 9.00 am at Fango (along the road leading to San Pellegrino Pass). Return: about 12.30 am.

Altitude gain: about 300m

Price: 17€ adults, 8€ children. 15€ adults, 6€ children for Val di Fassa Card owners.

Summer Walking price: 8€ adults, children for FREE.

Difficulty level: EASY - INTERMEDIATE - AGE MIN. 8 YEARS

**INFO & BOOKING every day from 9.00 to 12.00 and from 16.00 to 19.00 at any Sport Check Point:**

- **Canazei:** tel. +39 340 1147382

- **Campitello:** +39 0462 750490

- **Pozza:** +39 331 2989721

- **Moena:** +39 331 9938100

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**Sport**  
**Check Point**  
Sport & Outdoor in Val di Fassa!