

Summer OUTDOOR ACTIVITIES PACKAGE

June - September 2022



Monday



MY FIRST VIA FERRATA with Mountain Guides

(from 6/06 to 26/09)

A unique experience to experience the thrill of conquering the summit!
The mountain guides will lead and teach you the right approach to the via ferrata, starting from the easiest and most panoramic of the valle.

🕒 8.00 - 16.00

↕ 700 m

Difficulty: ★★☆☆☆

👤 12 +

📍 8.00 Paolina chairlift P. Costalunga / Costabella chairlift P. San Pellegrino

€ 100€ | Summer Outdoor 70€



HIKING TOWARDS PORDOI

with Territorial Guides (from 13/06 to 05/09)

Panoramic excursion where we will both walk and use lifts/buses to support alternative mobility. We will reach the famous Terrace of the Dolomites where we can stop and enjoy our packed lunch with a view that will leave us breathless!

🕒 8.30 - 15.30

↑ 300 m

↓ 400 m

Difficulty: ★★☆☆☆

👤 8 +

📍 8.30 bus station Marconi square Canazei / 9.10 Sass Pordoi cable car station ticket office

€ 32€ adults, 16€ children | Summer Outdoor 18€ adulti, 9€ bambini.



MTB TEST DAY FOR CHILDREN AND YOUNGSTERS with MTB instructors

(from June to September)

Test day at the Skillpark in Canazei. Have fun with our instructors experiencing jumps, boardwalks and parabolics! Children and youngsters can decide to take part to the weekly MTB courses.

🕒 9.00 - 12.30

Difficulty: ★☆☆☆☆

👤 6 +

📍 9.00 Canazei Marmolada ski school parking lot / 9.00 Soraga playground parking lot

€ 25€ | FREE with Val di Fassa Card, Summer Outdoor and Bike Hotel



MTB TEST TOUR ADULTS with MTB instructors

(from June to September)

Easy/intermediate MTB excursion along forest roads and single tracks with MTB instructors, who will evaluate your skills and suggest you the most appropriate excursion to do during the week.

🕒 9.00 - 12.30

Difficulty: ★★☆☆☆

📍 9.00 Canazei Marmolada ski school parking lot / 9.00 Soraga playground parking lot

€ 25€ | FREE with Val di Fassa Card, Summer Outdoor and Bike Hotel



MORNING AT THE FARM (from June to September)

Starting from Vigo di Fassa we will reach the scenic village of Tamion and the tiny Agritur Weiss farm. We will spend a morning with Monica who will introduce us to her animals: chickens, geese, rabbits, horses, donkeys, cows and pigs; we will also have the chance to see the cow-milking!

🕒 9.40 - 13.00

Difficulty: ☆☆☆☆☆

👤 everybody

📍 9.40 Sport Check Point Vigo / 10.00 Tamion Agritur Weiss

€ 20€ adults, 10€ children | Summer Outdoor 10€ adults, 5€ children



Tuesday



ON THE CHAMOIS' TRAIL

with **Territorial Guides** (from 14/06 to 06/09)

From Alba we will reach the beautiful Ciampac basin by cable car. We will venture on paths beaten only by animals to discover the wood and its secrets. A circular route that will bring us back to town.



🕒 9.00 - 15.30 ↑200 m ↓700 m Difficulty: ★★☆☆☆

👤 10 +

📍 9.00 Ciampac cable car station in Alba di Canazei

€ 32€ adults, 16€ children | Summer Outdoor 18€ adults, 9€ children



AT THE FOOT OF TORRI DEL VAJOLET – RIFUGIO RE ALBERTO

with **Mountain Guides** (from 14/06 to 13/09)

They are the most famous, the most photographed, the most desired... the Vajolet Towers! Today you have the chance to reach them accompanied by a mountain guide, who will tell you about the secrets of these magnificent peaks.



🕒 8.00 - 16.00 ⇅ 700 m Difficulty: ★★★★★

👤 12 +

📍 8.00 ticket office Ciampiedie - Catinaccio cable car in Vigo di Fassa

€ 40€ | Summer Outdoor 25€



LATEMAR MTB TOUR on E-BIKE with MTB instructors

 (from 19/06 to 18/09)

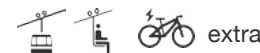
We will ride on the cycle route to Predazzo where we will take two consecutive lifts up to Passo Feudo. Riding along paths in the forest towards Obereggen we will get to the enchanting Lake Carezza and then climb up to Passo Costalunga.



🕒 8.30 - 16.00 ↑450 m ↓1550 →39 km Difficulty: ★★☆☆☆

📍 8.30 Check Point Canazei / 9.00 Check Point Pozza / 9.30 Check Point Moena

€ 45€ | 20€ Summer Outdoor and Bike Hotel



every other week



SASSOLUNGO TOUR on E-BIKE with MTB instructors

 (from 07/06 to 04/10)

On a e-bike around the magnificent Sassolungo massif. We will first reach Col Rodella by cable car, from there we will ride through the "City of rocks", we will reach Monte Pana and then climb the Duron pass to descend through the homonymous valley.



🕒 8.30 - 15.00 ↑700 m ↓1300 →36 km Difficulty: ★★☆☆☆

📍 8.30 Sport Check Point Canazei / 8.45 Col Rodella cable car station in Campitello

€ 45€ | 20€ Summer Outdoor and Bike Hotel



CLIMBING APPROACH FOR ADULTS and CHILDREN

(from June to September) **Val di Fassa Guest Card Activity**

Let's try a climbing experience moving your first steps on the rock. The activity will be enriched by abseiling and an easy equipped path. Everyone will have the chance to try this fantastic activity in total safety.



🕒 8.30 - 15.30 circa Difficulty: ★☆☆☆☆

📍 9.00 am at the valley station of Belvedere cable car / 9.00 am Piazza San Nicolò Pozza

€ starting from 20€ per person for Val di Fassa Crad owners

Wednesday



EXCURSION WITH PICNIC IN A REAL MOUNTAIN LODGE

with **Territorial Guides** (from 15/06 to 07/09) Easy and regenerating excursion in the peace of val San Nicolò. Walking through alternative hidden paths we will visit the sources of the waterfalls. After a typical aperitif in the mountain lodge, we will relax and enjoy our picnic before returning to the valley.

🕒 8.30 - 16.00 ⬆️⬆️ 300 m Difficulty: ★★☆☆☆

📍 8.30 Sport Check Point Pozza di Fassa

€ 45€ adults, 25€ children | Summer Outdoor 30€ adults e 15€ children



👤 8+



THE SOURCES OF MARMOLADA GLACIER with Territorial Guides

(from 15/06 to 13/09)

Full day excursion to discover the hidden sources of the glacier "Le Marmitte". Starting from Pian Trevisan we will follow the Russian trail that leads to Lake Fedaia. Possibility to return on foot or by bus.

🕒 9.00 - 16.00 ⬆️ 600 m ⬆️ 600 m Difficulty: ★★★☆☆

📍 9.00 Hotel Villetta Maria parking at Pian Trevisan

€ 30€ adults, 15€ children | Summer Outdoor 18€ adults, 9€ children.



👤 10+



PANORAMIC TOUR on E-BIKE with MTB instructors

(from May to October) Half-day excursion to discover gravel roads and scenic forest trails. We will learn to make the best use of the comfortable e-bike engine thanks to the support of the mtb instructors who will also give us some important advices on the descent technique.

🕒 9.00 - 13.00 ⬆️⬆️ 400 m → 20 km Difficulty: ★★☆☆☆

📍 9.00 Sport Check Point Pozza or Sport Check Point Canazei

€ 30€ | 15€ Summer Outdoor and Bike Hotel



Thursday



LAKE ANTERMOIA with Mountain Guides

(from 16/06 to 22/09) Excursion to discover the famous heart-shaped lake nestled in Catinaccio d'Antermoia mountains. It is quite a demanding excursion, but we will make it a little easier by reaching val Duron by off-road taxi.

🕒 7.00 - 16.00 ⬆️ 700 m ⬆️ 1000 m Difficulty: ★★★★★

📍 7.00 Sport Check Point Campitello

€ 40€ | Summer Outdoor 25€



👤 12+



WITH HEADLAMPS IN THE TRENCHES OF PADON

with **Mountain Guides** (from 15/06 to 16/09)

Full day excursion to explore the tunnels of the Padon area with the headlamps, we will walk among the trenches of World War I with a breathtaking view of Marmolada glacier.

🕒 9.15 - 16.00 ⬆️⬆️ 300 m Difficulty: ★★☆☆☆

📍 9.15 Padon chairlift station (Capanna Bill)

€ 40€ adults, 20€ children | Summer Outdoor 25€ adults, 10€ children



👤 8+



AGRI-TOUR ON E-BIKE with MTB instructors

(from May to October) Lovely e-bike excursion on cycle route and forest roads to discover the flavors and traditions of the valley. During the day we will stop in the most famous farmhouses where we will taste their typical products.

🕒 9.00 - 15.30 circa ⬆️⬆️ 250 m → 30 km Difficulty: ★★☆☆☆

📍 9.00 Sport Check Point Canazei o Moena

€ 50€ adults, 35€ children | Bike Hotel & Summer Outdoor 25€ adults and children



👤 all



Friday



HIGH ALTITUDE SUNRISE EXCURSION WITH BREAKFAST

with Territorial Guides (from 01/07 to 02/09)

A unique opportunity to experience the sunrise on the Marmolada and Dolomites peaks from above. A rich breakfast will follow at the mountain hut with breathtaking views before to walk back towards the Pordoi Pass.

🕒 5.00 - 9.30 ⬆️ 300 m Difficulty: ★★☆☆☆

📍 4.30/5.00/5.30 Sass Pordoi cable car parking lot at Passo Pordoi

€ 40€ adults, 30€ children | Summer Outdoor 30€ adults, 20€ children



👤 8 anni +



VAL DI FASSA CROSSING Val San Nicolò - Val Contrin

with Territorial Guides (from 10/06 to 23/09)

Beautiful crossing that gives us the chance to traverse the entire val di Fassa at high altitude starting from Pozza and arriving in Alba. We will admire the most famous peaks but also discover the wildest side of the valley.

🕒 8.30 - 16.00 ⬆️ 500 m ⬆️ 800 m Difficulty: ★★★★★☆

📍 8.30 Sport Check Point Pozza (S. Nicolò train bus stop)

€ 32€ adults, 16€ children | Summer Outdoor 18€ adults, 9€ children



👤 12 +

🚌 extra



THE CITY OF MARMOTS with Territorial Guides

Easy excursion at San Pellegrino Pass to observe these funny high mountain inhabitants. If you pay attention you will hear their whistles.

🕒 14.00 - 17.00 ⬆️ 50m Difficulty: ★☆☆☆☆

📍 14.00 Costabella chairlift station at San Pellegrino Pass

€ 22€ adults, 11€ children | Summer Outdoor 10€ adults, 5€ children



👤 all

🚶 extra

Saturday



DOLO-MYTHICAL ADVENTURE! with the Mountain Guides

(from May to October)

Touch the water of the waterfalls between easy rock climbing passages, equipped sections and adrenaline abseiling. For an unforgettable day accompanied by our Mountain Guides in the heart of the Dolomite rock.

🕒 9.00 - 15.00 ⬆️ 250 m Difficulty: ★★★★★☆

📍 9.00 Pian de Schiavaneis Restaurant parking lot

€ 100€ | Summer Outdoor 70€



👤 h 1.40m



LATEMAR LABYRINTH TRAIL and CAREZZA LAKE

with Territorial Guides (from May to October)

Through the green meadows of Costalunga Pass we will reach the so-called Latemar Labyrinth. The labyrinth is a path between rocks and tunnels that leads to the spectacular rainbow lake.

🕒 9.30 - 15.30 ⬆️ 350 m Difficulty: ★★★★★☆

📍 9.30 Passo Costalunga by Golf Hotel parking (SAD bus stop)

€ 32€ adults, 16€ children | Summer Outdoor 18€ adults, 9€ children



👤 10 +



SUNSET EXCURSION WITH DINNER AT THE MOUNTAIN HUT

with Territorial Guides (from 13/06 to 26/09)

To live the mountain at night too... Evening excursion in the magic atmosphere of the Dolomites' sunset. You will enjoy a delicious traditional dinner in a Refuge and come back equipped with torches under a beautiful starry sky.

🕒 16.30 - 21.30 ⬆️ 400 m Difficulty: ★★★★★☆

📍 16.30 Sport Check Point Campitello

€ 55€ adults, 35€ children | Summer Outdoor 40€ adults, 25€ children



👤 10 +

Sunday



SELLARONDA MTB TOUR with MTB instructors (from 18/06 to 25/09) World famous panoramic tour around the majestic Sella Group, right in the hearth of the Dolomites, UNESCO World Heritage. We will ascend by means of lifts and ride across Gardena, Campolongo, Pordoi and Sella Pass. Exciting single tracks, breathtaking descents and unique mountain landscapes will wait for you!



🕒 8.30 - 16.30 ⬆️ 450 m ⬇️ 3730 ➡️ 58 km Difficulty: ★★★★★☆

📍 8.30 Sport Check Point Canazei

€ 45€ adults | Summer Outdoor 25€



CROSSING CATINACCIO with Territorial Guides (from 12/06 to 18/09)

Spectacular and easy walk at high altitude in the Catinaccio Group, from Roda di Vael to Ciampedie. Overcoming the major uphill and downhill gradients with the lifts, we will cross the magical kingdom of King Laurino among history, legends and incomparable views.



🕒 8.45 - 16.00 ⬆️ 400 m ⬇️ 500 m Difficulty: ★★★★★☆☆ 👤 10 +

📍 8.45 Vajolet chairlift station in Pera di Fassa, departure by private shuttle bus.

€ 32€ adults, 16€ children | Summer Outdoor 18€ adults, 9€ children



ALPINE AROMAS AND FLAVORS (from 12/06 to 18/09)

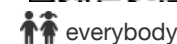
Easy walk to discover the alpine forest. Together with Fabio and Sara, we will rediscover almost forgotten aromas and flavors. We will end the afternoon with a snack prepared with the plants we will have seen during the visit. We will lose ourselves in the traditions of Val di Fassa.



🕒 13.30 - 17.00 ⬆️⬆️ 100 m Difficulty: ★☆☆☆☆☆

📍 13.30 Campestrin multi-functional center parking lot

€ 30€ adults, 20€ children | Summer Outdoor 20€ adults, 10€ children



Legend

🕒 Duration

Difficulty level scale:

📍 Meeting point

☆☆☆☆☆☆ **For everyone:** there is no elevation gain, generally it is an educational or cultural activity

€ Cost

★☆☆☆☆☆ **Easy:** minimum elevation gain suitable for everyone, even older people or small children

⬆️⬆️ Elevation gain

★★★☆☆☆ **Intermediate/Easy:** easy level excursions with a limited elevation gain up to a maximum of 300 m

👤 Minimum age

★★★★☆☆ **Intermediate:** require several hours of walking/biking, with more important elevation gain up to 700 m

★★★★★☆☆ **Intermediate/Difficult:** decidedly more demanding excursions for those who like to walk in the mountains, who want to do challenging hikes from 700 to 1000 m and walk up to 6/8 hours.

★★★★★☆☆

Terms of participation

- Booking must be done within 6.00 pm of the day before the activity.
- FREE cancellation within 48 hours of the start of the activity. Loss of the deposit (50%) for cancellations within 24 hours of the activity.
- Program may vary according to weather conditions. In the event of storms or adverse weather, the activities can be postponed or canceled.
- In case of cancellation by the organization, the fee will be totally refunded.
- Hiking boots or shoes with sculpted soles are required for all excursions (no sneakers). Helmet is compulsory for bike activities.
- Lifts, buses, shuttles, meals are never included in the price, unless otherwise specified. MTB or E-bike rental service is not included in the price.
- The reduced price is guaranteed exclusively to Summer Outdoor structures' guests.
- Activities are confirmed only with a minimum number of participants that varies for each activity.
- **More info by scanning the QR codes.**

Info e booking



Every day from 9.00 to 12.00 and from 16.00 to 19.00
at our Sport Check Points or ONLINE ➡️

- **Canazei:** tel. 0462 870997 o whatsapp +39 340 1147382

- **Campitello:** tel. 0462 750490

- **Vigo:** tel. +39 0462 763125

- **Pozza:** tel. e whatsapp +39 331 2989721

- **Moena:** tel. +39 0462 573770

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